



THE SENTINEL

"One Team...One Voice"

A MONTHLY NEWSLETTER FOR THE SOUTHEAST MICHIGAN MILITARY COMMUNITY

DECEMBER 2004

Holiday Activities Abound at Selfridge



Russ & Suzanne Dyer prepare for Base Chapel Christmas Concert

By Russ Dyer, Community Writer

TACOM Commanding General BGen. William Lenaers will flip a switch at 6:00pm on Sunday, December 12, lighting a 20-foot-tall spruce tree in front of the Base Chapel, signifying the official opening of the Selfridge Christmas holiday season.

Joining the gathering outside the chapel will be participants in the annual MWR "Jingle Bell Walk" following their caroling stroll throughout the "400" Housing area. Santa Claus will lead the walk, riding on a base fire truck instead of his more traditional reindeer-drawn sleigh. A loudspeaker on the truck will play Christmas music throughout the walk. Coordinating this event is Shannon Wend, Sports Center Facility Operator, who asks that interested carolers meet at the Sports Center gymnasium at 4:30pm that day. Each participant will be given a Jingle Bell to add holiday sounds to the festivities.

Following the tree-lighting and Christmas carol singing, attendees will be invited to enter the chapel to enjoy an original musical drama telling the familiar story of the birth of Jesus. The main characters in the drama are Mary and



Joseph, who will narrate details of the first Christmas night. Accompanying and supporting the dialogue will be music performed by a twenty-voice choir composed of a cross-section of chapel members and invited guest singers.

The program was written and the music selected by Suzanne Dyer, now in her 23rd year of writing original scripts for these performances each Easter and Christmas. "Because of military transfers, we're never sure from year to year, who our singers will be," she reports, "so it is almost impossible to use cantata-type programs off the music store shelves." Her solution is to write a script featuring biblical characters and select musical numbers to fit the currently available musical talent.

At the end of the show refreshments will be served in the chapel annex following the evening's festivities.

For more Selfridge Holiday Events go to pages 6 & 7.



Commander's Corner

SEASON'S GREETINGS

The holiday season is here; a time filled with hope, joy and celebration. On behalf of my family and the leadership of the U.S. Army Garrison, Michigan, I extend my sincere wishes to every member of our community for a safe and joyous time. As we gather at family tables, in our places of worship, and with close friends, I urge you to remember the sentiment of the season.

We are a nation at war, and many of us have loved ones who are in harms way in service to their country. During this holiday period of celebration and reflection, I ask that each of you take time to think about our brave military members who are not able to be home with their families. Keep them in your thoughts and prayers that they may return safely when their duty is done.

Happy Holidays to each of you.

Kevin J. Austin, LTC
Commander USAG-MI

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Remember Our Troops Overseas With “Gifts From The Homefront”

By Capt Diane “DJ” Weed, USAF

Corporate Communications Division, HQ AAFES, Dallas, TX

With the holidays quickly approaching, many Americans are searching for ways to reach out to troops stationed overseas. Anticipating a rush of mail from well-wishers, the **Department of Defense announced last week that, “Due to security concerns and transportation constraints, the DOD no longer accepts items to be mailed to ‘Any Service Member.’”** Fortunately, those wishing to send support to troops overseas have another option. The Army & Air Force Exchange Service’s “Gifts from the Homefront” and “Help Our Troops Call Home” programs allow anyone to make a direct contribution towards the morale of deployed troops without compromising security or increasing the strain on the military mail system.

DOD reports that some people have tried to avoid this prohibition by sending large numbers of packages to an individual service member’s overseas address, which, according to the DOD, clog the mail system and cause unnecessary delays in delivery and military APO cannot guarantee delivery by a specific date due to processing constraints. “Gifts from the Homefront” certificates, which can be purchased by any individual, business or civic organization, allow troops to purchase items of necessity and convenience at PX and BX facilities around the world including 51 Exchanges in Operations Iraqi and Enduring Freedom. The gift certificates may also be personalized with a message to troops who find themselves so far from home.

Because the gift certificates can be used for merchandise already stocked at contingency locations, “Gifts from the Homefront” are a safe alternative to traditional care packages that place unnecessary strain on the military mail system and present Force Protection issues. Service members can purchase exactly what they need with the certificates because they can be applied to a wide range of products. Reports from Iraq and Afghanistan indicate that the certificates are being used for the latest CDs and DVDs, comfort items such as snacks and beverages and phone cards for those all-important calls home. AAFES Commander Maj. Gen. Kathryn Frost says that “Gifts from the Homefront” and “Help our Troops Call Home” are excellent ways for all to show they care. “I encourage every American who is concerned about the welfare of deployed troops to buy a gift certificate or a phone card,” said Maj. Gen. Frost. “While these troops are doing superhuman tasks in countries half way around the world, we must remember that, after all, they too are human and the holidays can be a tough time to be away from friends and family. Something as simple as a \$20 Gift Certificate or \$39 phone card can deliver the much-needed ‘connection home’ troops crave during the holiday season.”

Those wishing to send “Gifts from the Homefront” can log on to aafes.com or call 1-877-770-4438. “Help Our Troops Call Home” phone cards are also available at aafes.com or by calling 1-800-527-2345. From there, the gift certificates and/or phone cards may be sent to an individual service member (designated by the purchaser) or distributed to “any service member” through the USO, American Red Cross, Air Force Aid Society or Fisher House. “Gifts from the Homefront” and “Help Our Troops Call Home” phone cards can be addressed to “any service member” or individual service members.

The gift certificates can be redeemed at any AAFES facility in the world including 51 locations in Operations Iraqi and Enduring Freedom, including 29 in Iraq, 10 in Kuwait, five in Afghanistan, one each in Pakistan, Kyrgyzstan, Uzbekistan, and four in Qatar/United Arab Emirates/Djibouti. The phone cards can be used at any of AAFES’ 60 call centers throughout Operations Iraqi and Enduring Freedom. The “Help Our Troops Call Home” program offers the best value for troops who enjoy calls home from any of AAFES’ 46 call centers in Iraq and Afghanistan.



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Have a Hassle Free Holiday Season - Visit the SSC Gift Wrap Booth

By Lisa Myers, SSC

The Selfridge Spouse Club generously raises money each year for our Scholarship & Community Benefit Fund. Last year the SSC Holiday Gift Wrap Booth raised over \$3,900 for the Scholarship & Community Benefit Fund. With your help, we will reach our goals this year! The Gift Wrap Booth will be open December 3rd – 5th and again December 9th – 24th in the lobby of the Selfridge BX/PX during hours of operation.

The boxes, tissue paper, and wrapping paper are all generously donated by AAFES. The following is a list of items the SSC members and community have graciously donated in the past. Once again, we are requesting the same in order to make this year's Scholarship & Community Benefit Fund even more successful.



Donations Request List

Pre-Made Gift Bows
Ribbon
Gift Tags
Embellishments (candy canes, ornaments, flowers, greens, etc.)
Scotch Tape

You can drop off your donations at SSC luncheons, coffee group meetings, or in the mudrooms of Suzanne O'Donnell (462 Kelly Ave., SANGB) or Lisa Myers (450 Skeel Ave., SANGB).

Volunteers are always welcome. For more information call (586) 465-5003.

SSC Scholarships

The Selfridge Spouse Club offers college scholarships for high school seniors, undergraduate college students, and spouses.

Eligibility requires that the applicants must be family members of a military sponsor (active duty, reserve, retired, or deceased active duty) stationed or living in southeastern Michigan, and must possess a valid military ID card. Scholarship applications will be available on December 15th. Please obtain your applications online via the Selfridge web site: www.selfridge.army.mil. The scholarship applications and information can be found under "Clubs". Additional hard copies will be available at the Selfridge Library in building 780. The application must be submitted by March 1, 2005. For further information, contact Gabrielle Gutierrez at (586) 777-1608, or call the Thrift Shop at (586) 307-4405.

Selfridge BX/BX News

By Janet Larson, AAFES Public Affairs

Selfridge ANGB Exchange recently held it's 3rd Quarter Awards Ceremony. The following Associates received awards for outstanding service: Sukie Cameron (Cashier), Marlene Norris (Customer Service), Diane Salerno (Shoppette), and Tew Rodgers (Customer Service) all received Excellence Awards for outstanding service. Jamie Perkins from the Shoppette was named the Employee of the Quarter. Roscoe Sulton (MCSS) was recognized for accruing 25 years of AAFES Service. Juana Sharp (Battle Creek), Tew Rodgers (Customer Service) and Ken Lowell (Sales & Merchandise Manager) were all recognized for 20 years of AAFES Service. Bonita Jewett (Burger King) was recognized for 15 years of service, and Wava Crandell (Class Six), Louise Butler (MCSS), Omylya Price and Laura Rocho (Four Seasons), Thom Sigler (Sound Center), Anna Immers (Shoe Department), Brenda LaBean (Camp Grayling) and Tim Zuccherro (Loss Prevention) were all recognized for serving 5 years with AAFES. Selfridge Exchange

would also like to say goodbye to General Manager Doug Jeffries, who has been transferred to our Dallas Headquarters. Mr. Jeffries has been at the Selfridge Exchange almost 5 years. We wish Mr. Jeffries good weather and great golfing in his new assignment!

Holiday Food Program



Selfridge Community Services (SCS) is once again offering the *Adopt-A-Family Program*. We are requesting units, individuals, or agencies contact SCS if they wish to sponsor a family for the upcoming Christmas Holiday. This program allows the community to be active in sharing the holiday spirit with those who may be experiencing temporary financial hardships. Every year the number of referrals increases and with the activation and deployment of reserve forces, SCS anticipates an even greater increase this holiday season. With your help, we can provide gift

certificates to more military families experiencing hardships so they too can have a Happy Holiday Season. You may adopt a family by purchasing a \$75 gift certificate/card from Meijer or the Selfridge Commissary or by making a cash/check donation to Selfridge Community Services for any amount you can afford. Donations need to be received December 17 for the Christmas holiday. Call Nancy Zajdel at (586) 307-4514 for more information.

THE SENTINEL ONE TEAM...ONE VOICE

Commander.....LTC Kevin J. Austin
MWR Director.....Frankie Stull
Editor.....Rose Spaulding
Design.....Tracy Hankins

Please submit all articles and community information to the MWR Marketing Office at least 45 days prior to allow time for adequate advertising. Office located in Rm 4, Bldg 780, Selfridge ANGB. Call (586) 307-4159/5404 for hours of operation and more information. Commercial advertising in this publication is not endorsed by any portion of US Army Garrison-Michigan, the Department of the Army, or the United States Government.

Holiday Amnesty Program



Drs. Richard and Valmy Kulbersh, staff & patients

The orthodontic office of Drs. Richard & Valmy Kurbersh had a candy buy-back with their patients in October. For every lunch bag full of candy the patients brought in they would get 20 wooden nickels. The wooden nickels would be used to buy toys & stickers. The candy was then collected and donated to Selfridge MWR for distribution during the holidays.

Base Chapel Services

Catholic Mass: Saturdays at 5 pm; Sundays at 8:30 am

Protestant Service: Sundays at 10 am

Gospel Service: Sundays at 12:15 pm

Christmas Services

December 24

5:00pm Children's Christmas Mass

7:00pm Protestant Candlelight Service

11:45pm Midnight Mass

December 25

9:00am Christmas Day Mass

Special Events

December 12 Installation Tree Lighting and Christmas Musical starting 6:00pm



Ongoing Programs

Women of the Chapel Bible Study

9:30am-11:30am Thursdays

Men of the Chapel

6:30am-8:00am Fridays

Club JV

7:07pm Mondays

Club Beyond (High School)

7:00pm Thursdays



**For more information call
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DECEMBER

Holiday Highlights!

Holiday Extravaganza

**December 4, 10:00am -1:00pm
Building 780 Gymnasium**



Come celebrate the holidays around the globe with a world of activities! Activity stations representing worldwide holiday traditions to include Kwanzaa, Hanukkah, Winter Solstice, Las Posadas, New Year's Eve, will educate and entertain children of all ages. Children can also participate in a variety of Reindeer Games and enjoy snacks and beverages. There will also be a visit from Santa Claus who will arrive by fire truck to provide gifts to all the good little girls and boys. Polaroid pictures of children with Santa will be available for purchase. For more information, contact Child & Youth Services at (586)307-5574.

Holiday Wallyball Tournament

Looking for a fitness activity to stay in shape before the holidays? The Sports Center has your answer. Sign up today for the Holiday Wallyball Tournament. The three day tournament will run from Monday, December 6 through Wednesday, December 8 from 6:00pm-9:00pm (dates and times depend on number of teams registered). The cost is \$20.00 per team and includes registration, trophies for 1st and 2nd place teams and 1st place individual trophies. Also each participant will be entered in a drawing to win a holiday ornament. Wallyball is similar to volleyball except it is played in the racquetball court utilizing the walls. Teams play with four to six players with a roster of eight individuals. If you have any questions please contact the Sports Center at 307-5202/5571

Jingle Bell Walk

The holidays are here and the Sports Center is getting ready by having it's annual Jingle Bell Walk. The walk will take place on Sunday, December 12 at 4:30pm. The walk will begin at the Sports Center and proceed through the 400 housing area with caroling through the streets to admire all the lights on the houses. We will end at the Base Chapel for the lighting of the Christmas tree and enjoy hot chocolate and cookies. This is a free event for everyone. All participants will receive a jingle bell for walking. So bring the whole family for a night of fun. For more information please contact the Sports Center at 307-5202/5571

December 2

Newcomer's Orientation

8:30 am-12:00pm Bldg 780

Child Care available with
preregistration. (586) 307-5949

December 4

Child & Youth Services Holiday Extravaganza 10 am- pm Bldg 780 Gymnasium. (586) 307-5316

December 6

Holiday Wallyball Tourney

Sports Center 6-9pm December 6-8

December 8

Changes & Challenges/Helping Children & Youth Prepare & Cope 6:30pm – 8:30pm

Vandenberg Conference Center
A practical workshop that will give parents and other adults effective tools for preparing children and youth for any type of loss, change or traumatic experience. Childcare available with preregistration. Call (586) 307-5366.

December 11

Army Family Team Building (AFTB)

Level I Bldg. 780 Room 106, 8am-4pm

Frankenmuth Trip Outdoor

Recreation Center, Register by
9 December. Call (586) 307-5499

3 on 3 Basketball Tourney

Youth Sports 10am-1pm Ages 8-18

December 12

Jingle Bell Walk

4:30pm Sports Center (586) 307-5202

Tree Lighting Ceremony /

Christmas Musical

6:00 pm Base Chapel



EVENTS



December 14

Transition Assistance Workshop

14-17 December, 8:00am-4:30pm

Call (586) 307-5211 for details.

Personal Finances for the First Term Service Member

8am-4:30pm Bldg 780

December 15

Youth Sports Fitness Authority

10-11am Grades 1-5

SAS Family Fun Night 6-7:30pm

December 15 & 16

Army Family Team Building

Instructor Training

Bldg 780, Room 106 11:00am -4:00pm.

This training enables interested volunteers to conduct any level of AFTB classes., Register by 6 Dec.

Call 307-5903

December 16

RACC Meeting

Bldg 970 For information call 307-5949.

December 18

SAS Super Saturday 10:00am-6:00pm

Bowl with Santa 3:00pm-5:00pm

December 24

Sports Center open 7am-3pm

Bowling Center and Reggie's Pub open 11am-6pm

December 25

Christmas Day

December 29

Youth Sports Double Dare 1-3pm

Free Grades 1-12

December 31

New Year's Eve Party

8:00pm \$30 per person

Selfridge Bowling Center

Call (586) 307-5941

Frankenmuth Holiday Bus Trip

Visit Michigan's #1 visitor attraction for some old world German charm.

Saturday, December 11, 9:00am – 6:00pm. \$7.00 for adults & \$5.00 for 5-12yrs. Preregistration is required by December 9. Frankenmuth has over 100 different shops and attractions, such as candy makers, wood-carvers, sausage makers, leather tooling, beer brewery and wool processing located in the Bavarian Village. Frankenmuth is also home to the Bavarian Inn which serves authentic German specialty meals and Zehnder's Restaurant who offers world famous family-style chicken dinners. For further information contact the Outdoor Recreation Center at (586) 307-5499.

Bowl with SANTA

Hey Kids! See Santa, challenge yourself with a game of bowling, make a Holiday Craft and have a hot dog, chips and a drink!

Saturday, December 18, 3:00-5:00 pm \$5.50 for ages 5-13 years.

Children must be accompanied by an adult or guardian.

Get your advance tickets at the Selfridge Bowling Center or the RDS Office in Bldg. 780, Room 4A. Call (586) 307-5432 for information.

School Age Services - Santa Super Saturday (Childcare)

Saturday, December 18, 10:00am -6:00pm. Ages 2-10. Special

Holiday Activities, visit with Santa, lunch and snacks included. Advance registration required. Child must be registered with Child and Youth

Services to attend. Call (586) 307-5535/4840 for more information.

New Year's Eve Party

Ring in the New Year at the Selfridge Bowling Center!

December 31, 8:00pm

\$30 per person / \$50 per couple

DJ - Bowling - Hors d'oeuvres - Champagne Toast at Midnight

Call (586) 307-5941 for details.



The holidays are fast approaching and now is the time to book a room at Selfridge Lodging for your visiting family members and friends.

If you do not have enough space for your family and friends – we can help. If your relatives don't want to sleep on that delightfully soft floor – we can help.

We offer 1, 2, 3, 4, & 5 bedroom guest houses ranging in price from \$35 to \$75 per night. Lufbery Hall offers regular suites for \$50 per night, as well as VIP Suites for \$65 per night.

Don't make Aunt Susie, Uncle John and their five children sleep in a cramped bedroom or strewn throughout the house. Ease that holiday tension (not to mention Uncle John's incessant snoring) and book a room with Selfridge Lodging. You'll not only be giving them a gift, but you will be secretly rewarding yourself as well!

Call **Selfridge Army Lodging** at (586) 307-4062 to reserve a room today!

For Kid's Sake: Think Toy Safety

By Eugene Yuells, USAG-M Safety Office

When buying toys: Choose toys with care. Keep in mind the child's age, interests, and skill level. Look for quality design and construction in all toys for all ages. Make sure that all directions or instructions are clear—to you, and, when appropriate, to the child. Plastic wrappings on toys should be discarded at once before they become deadly playthings. Be a label reader. Look for and heed age recommendations, such as “Not recommended for children under three”. Look for other safety labels including: “Flame retardant/Flame resistant” on fabric products and “Washable/hygienic materials” on stuffed toys and dolls.

When maintaining toys: Check all toys periodically for breakage and potential hazards. A damaged or dangerous toy should be thrown away or repaired immediately. Edges on wooden toys that might have become sharp or surfaces covered with splinters should be sanded smooth. When repainting toys and toy boxes, avoid using leftover paint, unless purchased recently, since older paints may contain more lead than new paint, which is regulated by CPSC. Examine all outdoor toys regularly for rust or weak parts that could become hazardous.

When storing toys: Teach children to put their toys safely away on shelves or in a toy chest after playing to prevent trips and falls. Toy boxes, too, should be checked for safety. Use a toy chest that has a lid that will stay open in any position to which it is raised, and will not fall unexpectedly on a child. For extra safety, be sure there are ventilation holes for fresh air. Watch for sharp edges that could cut and hinges that could pinch or squeeze. See that toys used outdoors are stored after play — rain or dew can rust or damage a variety of toys and toy parts creating hazards.

Sharp edges: New toys intended for children less than eight years of age should, by regulation, be free of sharp glass and metal edges. Check older toys periodically. With use, older toys may break, exposing cutting edges.



Small parts: Older toys can break to reveal parts small enough to be swallowed or to become lodged in a child's windpipe, ears, or nose. The law bans small parts in new toys intended for children under three. This includes removable small eyes and noses on stuffed toys and dolls, and small, removable squeakers on squeeze toys.

Cords and strings: Toys with long strings or cords may be dangerous for infants and very young children. The cords may become wrapped around an infant's neck, causing strangulation. Never hang toys with long strings, cords, loops, or ribbons in cribs or playpens where children can become entangled. Remove crib gyms from the crib when the child can pull up on hands and knees; some children have strangled when they fell across crib gyms stretched across the crib.

Propelled objects: Projectiles—guided missiles and similar flying toys—can be turned into weapons and can injure eyes in particular. Children should never be permitted to play with adult lawn darts or other hobby or sporting equipment that have sharp points. Arrows or darts used by children should have soft cork tips, rubber suction cups, or other protective tips intended to prevent injury. Check to be sure the tips are secure. Avoid dart guns or other toys that might be capable of firing articles not intended for use in the toy, such as pencils or nails.

All toys are not for all children: Keep toys designed for older children out of the hands of little ones. Follow labels that give age recommendations—some toys are recommended for older children because they may be hazardous in the hands of a younger child. Teach older children to help keep their toys away from younger brothers and sisters. Even balloons, when uninflated or broken, can choke or suffocate if young children try to swallow them. More children have suffocated on uninflated balloons and pieces of broken balloons than on any other type of toy.

Electric toys: Electric toys that are improperly constructed, wired, or misused can shock or burn. Electric toys must meet mandatory requirements for maximum surface temperatures, electrical construction, and prominent warning labels. Electric toys with heating elements are recommended only for children over eight years old. Children should be taught to use electric toys properly, cautiously, and under adult supervision.

Your responsibility: Protecting children from unsafe toys is everyone's responsibility. Careful toy selection and proper supervision of children at play is still—and always will be—the best way to protect children from toy-related injuries. To report a product hazard or a product-related injury, write to the U.S. Consumer Product Safety Commission, Washington, D.C., 20207, or call the toll-free hotline: 1-800-638-2772. A teletypewriter for the deaf is available at 1-800-638-8270.

Source: Consumer Product Safety Commission



Scholarships For Military Children Program Enters Fifth Anniversary Year

The fifth year of Scholarships for Military Children is open for business. Administered by Fisher House Foundation and funded by the manufacturers and industry supporting commissaries, the program has awarded over \$3 million through nearly 2,000 scholarships to the sons and daughters of active duty service members, Guard and Reserve members, and military retirees.

Applications for the 2005 program are available at the Selfridge ANGB Commissary, according to Store Director William Roger, Jr. Applications are also available online at <http://www.militaryscholar.org> and a link to the program will be on www.commissaries.com, the DeCA Web site. Eligibility and other detailed information is also available at the program Web site. Applications, which must include an essay on how the heightened awareness of terrorism has impacted the student's life, are due back at the commissary by close of business Feb. 16, 2005. At least one \$1,500 scholarship will be awarded at every commissary location with qualified applicants. "Last year we had four outstanding winners," said William Roger, Jr.

"The Scholarships for Military Children program has become a major community event for commissaries since its inception five years ago," said Patrick B. Nixon, Chief Executive Officer for the Defense Commissary Agency. "The program awarded 500 scholarships in 2004 and ceremonies were held in commissaries worldwide in honor of these outstanding students. The industry members who support this program should be proud and we hope the fifth anniversary year will be the best yet!"

The scholarship program is open to unmarried children under the age of 21 (23 if enrolled in school) of active duty personnel, Reserve, Guard and retired military. Eligibility will be determined using the Defense Enrollment Eligibility Reporting System (DEERS) database. Applicants should ensure that they, as well as their sponsor, are currently enrolled in the DEERS database and have a current ID card.

The applicant must be planning to attend, or already attending, an accredited college or university full-time in the fall term of 2005, or enrolled in a program of studies designed to transfer directly into a four-year program. The scholarship program can also accept public donations at <http://www.militaryscholar.org>.

The Defense Commissary Agency operates a worldwide chain of nearly 275 commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a 5-percent surcharge, which covers the construction of new commissaries and the modernizing of existing ones. Shoppers save an average of more than 30 percent on their purchases compared to commercial prices, a savings worth about \$2,700 annually for a family of four. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.



URGENT CARE CENTERS

If you haven't visited urgent care centers lately, now is a good time to become acquainted with our quality services and specialists. From extended urgent care hours to enhanced outpatient rehab, we're constantly growing and changing to better meet your health needs.

- **Urgent Care**
Weekdays, 8 a.m.-10 p.m.
Weekends and Holidays, 10 a.m.-6 p.m.
- **Physical Therapy**
- **Mammography & Ultrasound**
- **Physician Specialists**



Chesterfield Health Center
30795 23 Mile Road
Chesterfield Twp.
(586) 421-3050

Fraser Health Center
15717 Fifteen Mile Road
Clinton Twp.
(586) 286-3850

Subject: Job Success Stories

By Kevin B. Ware (Employment Readiness Program Manager)

Ideally, I would like to tell you that all of the Employment Readiness Program (ERP) clients have found employment by using the tools I have provided during their 120 days in the program. But, that would not be true. I can tell you that as program manager for the ERP, I have assisted over 350 clients in creating their resumes, cover letters, use of the Internet for their job searches, and provided contact information to local employers. As of October 2004, this program has assisted over 82 clients find employment in the Michigan area, and has made over 176 referrals to local employers to date. The success of the program has been overwhelming to many even if they are only trying to up date their resume skills, or just seeking assistance in how to really look for employment. This is why I thought it would be a great idea to share with you some success stories of clients that have been through the ERP program this year just to let you know that if you have the right direction you also can be successful in your job search.

A man with a plan

SFC (Ret) USA Mark Hill, a recent client with the Employment Readiness Program, knew it was time to begin his job search on August 6, 2004, as he was soon to depart the military and needed some direction on how to begin his job search. At our appointment, Mark had many questions. "Mr. Ware, how do I get started looking for employment?" he asked, "I have only worked in the military and I never received information on resumes, cover letters, or Internet job sites to look into when I attended NCO leadership courses."

I assured Mark that it would not be difficult to get on the road to obtaining civilian employment. We began by looking at his resume and made some changes so that local employers would understand just what he had done in his 20 years of military service. A resume is the best marketing tool in the employment search. In any case, Mark agreed to the changes to his resume and the content of the cover letter. In addition, Mark also attend the Transition Assistance work shop that I sponsor through the Michigan Department of Education and Development. Mark indicated that the most helpful tools in his jobs search tool box were his new resume, cover letter, Internet information, and the Directory for Job Seekers. SFC (Ret) USA Mark Hill is now successfully employed as an Operation Manager for LINC with a beginning salary of \$ 54,000.00 per year. Mark said he will share his job search experience from the Employment Readiness Program with others separating from active duty service and is delighted he found a career with job satisfaction after serving his country for 20 years.

Increased challenge and income

SFC (Ret) USA Eric Fader, another recent client with the Employment Readiness Program, knew it was time to begin the job search as he was due to separated from the military in July 2004. With only a few days before separation, SFC Fader realized the time was getting short and he had better do something soon. He knew he needed some direction on how to begin his job search. At our appointment, Eric had only one question. "Mr. Ware, how do I get started looking for employment? I only have a couple days before I will be without a job. I have worked in the military and have attended college, but at no point did I receive any information on resumes, cover letters, and use of the Internet for my job search."

I assured Eric that it would not be too hard to start getting on the road to getting employment. We first we began looking at his resume and made some changes so that local employers would understand just what he had done in his 20 years of military service. Eric agreed to the changes to his resume and the content of the cover letter. In addition, Eric also attended the Transition Assistance work shop in July 2004. Eric indicated that the most helpful tools in his job search tool box were his new resume, cover letter, Internet information, and the Directory for Job Seekers I provided him at U. S. Army Garrison-Michigan Selfridge. Eric Fader now works for Frog-Navigation Systems (Auburn Hills), his beginning pay is \$ 60,000.00 year with paid leave and much more benefits. Eric also said he would always tell people about this program.

So there you have it. "Success in the Job Search" testimonies from real life clients of the Employment Readiness Program. If you are in need of assistance make sure you give us a call at (586) 307-5949.

Employment Readiness Program

Job Search Assistance

Receive guidance on resume writing and interviewing techniques. Attend workshops and seminars. Learn how to find the job that is right for you.

Resource Room

Provides computers to access the Internet to hunt for jobs, create a cover letter, or send a fax to potential employers.

Career Counseling

Get assistance with career planning, take a skills assessment, and receive information on furthering your education.

For details, contact:

Open to all community members -
Monday - Friday
7:30 a.m. - 4:30 p.m.

Mr. Kevin Ware at (586) 307-5949
warek@tacom.army.mil
or visit our website:
www.selfridge.army.mil/scseap.htm

Walkers Endure Cold For Good Cause



Melissa Williams, Hazel Robinson, Robbie Thomas, Linda Williams and Shannon Wend

By Shannon Wend, Sports Center Facility Specialist

On Saturday, October 16, twelve walkers represented Selfridge at the "Making Strides Against Breast Cancer Walk" at Belle Isle. The morning was rainy with high winds but that did not keep the spirits down of our walkers. The walk was approximately five miles around Belle Isle with majority of the group walking in about an hour and half. Together, Team Selfridge raised almost \$1,000 to help in the fight against Breast Cancer. One of our participants was a Breast Cancer Survivor which made this year's walk even more special for Team Selfridge. Thank you to our walkers and everyone who supported all the October Breast Cancer Awareness events this year. We look forward to having you participate next year.

Commander's Cup Standings

This is an official update of the Commander's Cup Season 2004-2005. The Commander's Cup Flag Football season ended with two champions - 24th Marines and the Traffikker's. The Navy took second place honors for the regular season and playoffs. The final standings for Flag Football were:

Final Regular Season Standings:

- 1st Place- 24th Marines
- 2nd Place- Navy
- 3rd Place- Traffikkers
- 4th Place- Uncorrelated Flyers
- 5th Place- Bristol Bay
- 6th Place- Fire Department
- 7th Place- Zulu
- 8th place- Coast Guard St. Clair Shores

Final Playoff standings:

- 1st Place- Traffikkers
 - 2nd Place- Navy
 - 3rd Place- 24th Marines
 - 4th Place- Uncorrelated Flyers
 - 5th Place- Bristol Bay
- For more information on the Commander's Cup program contact the Sports Center at (586) 307- 5202.



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Donation request of Books (hardback/paperback- Best Sellers) and VCR movies for a Mount Clemens Senior Citizen building. Donations can be dropped off at Building 780 (Schoolhouse) Monday-Friday, 8am-4pm in Room 7. For more information call Elizabeth at 586-493-1971.

New In Home Daycare in Seville Manor Has Openings

Are you looking for a clean, safe and fun place for your child to go when you can't be with them? Call certified daycare provider Jen West at (586) 598-8867 for more information.

Girl's bedroom furniture - full/queen headboard; dresser, mirror, large chest of drawers - \$250, **"This End Up" (crate style)** - Chair w/ottoman & recliner - \$50. All in excellent condition, Please call Linda or John @ (586) 465-6266

Kat's Chocolate Fountain "Tantalizing to your Eyes & Taste" Any Occasion, Call for Details (586) 909-8444

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HENN by Gerald Henn. Baskets, Pottery, Wrought Iron and Candles. Call Erica Miller @ 598-7787. Totally Made in America!

Knitting Instructor Wanted Teach Basic Knitting Skills to Selfridge Community in the evening one or two days a week. Provide instructions to complete a simple project. Class participants will be responsible for all materials required for the project. Call Colleen Manuzak at (586) 307-5432 for more information.

EMPLOYMENT OPPORTUNITIES

Job announcements for non-appropriated fund (NAF) positions open at the U.S. Army Garrison are located at www.selfridge.army.mil. Scroll to MWR Jobs. To search for all appropriated fund positions open in Michigan, visit <http://cpol.army.mil>. Go to employment then "Army's Vacancy Announcements." Scroll down the states and click on "Michigan," then click on "get results."

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